



2025 Fall Updates from Health Care Foundation for Ventura County

A Note from Amy Towner, CEO...

Dear Amy,

As we enter the final stretch of 2025, I'm pleased to share several meaningful updates from Health Care Foundation for Ventura County (HCFVC) that reflect your generosity and the impact we're achieving together in local healthcare.



Later this month, HCFVC will host free Estate Planning & Trust Workshops for anyone interested in learning how to protect their assets and plan for the future of their loved ones. Our first series of workshops welcomed more than 125 participants and received overwhelmingly positive feedback.

We are also pleased to highlight a transformative RISE grant award from Gold Coast Health Plan that will significantly enhance and expand Ventura County Medical Center's Breast Health Center, improving access to vital care for patients throughout our community.

In recognition of Fall Prevention Awareness Month, HCFVC recently supplied more than 100 gait belts to the Ventura County Fire Department. This donation, funded by the Hanger Foundation, underscores cross-agency partnerships that advance community health and safety.

Finally, as we approach year-end, your continued generosity will help ensure patients in Ventura County receive high-quality and compassionate healthcare. Please consider making a gift via [unused vacation hours](#), [payroll deduction](#), an [engraved brick](#) for the VCMC Healing Garden, [credit card](#), or another [giving method](#) of your choice. Your donation may also reduce your end-of-year tax burden.

Thank you for inspiring and supporting HCFVC as we work together for a healthier, more compassionate Ventura County.

In philanthropic spirit,

Amy

Join HCFVC's Free Estate Planning & Trust Workshops This October

Did you know, of the 270,379 properties in Ventura County, only 30,203 are currently held in a trust? This means nearly nine out of every ten properties are not protected.

The financial consequences of not having an estate plan can be significant. With the average Ventura County home value approaching \$1,000,000, probate fees on an unprotected estate can range from \$35,000 to \$70,000. These unnecessary expenses can be avoided with proper planning.



To support Ventura County residents in addressing this need, Health Care Foundation for Ventura County now offers a quarterly [Estate Planning & Trust Workshop Series](#). These complimentary workshops are designed to help Ventura

County employees and community members navigate the process of creating or updating their will and trust.

Every workshop features Mitchell Davis, Senior Assistant County Counsel for the County of Ventura (pictured), along with other respected legal professionals, who present the fundamentals of estate planning in a clear and approachable format. The response from past workshops has been outstanding! More than 125 participants attended in person, and 100% of feedback received has been positive. The next available workshops will be held on **October 20, October 22, and October 23** from 5:15 to 6:30 p.m. [Register here](#) and please feel free to share this opportunity with family, friends, or colleagues who may benefit from attending. *All attendees should register separately.*

You can create your estate plan today by starting your free will and trust through HCFVC's partnership with [Giving Docs](#), a simple, secure way to protect your legacy and support the future of health care in Ventura County.

For questions, please contact Amy Towner at amy.towner@venturacounty.gov. We look forward to welcoming you at an upcoming workshop!

[Register Here](#)

\$2 Million Gold Coast RISE Grant Expands Breast Health Services at Ventura County Medical Center

Health Care Foundation for Ventura County is pleased to announce that it has been awarded a \$2,034,969 Resilience, Innovation, Sustainability, and Equity (RISE) grant from Gold Coast Health Plan. This transformative investment will allow Ventura County Medical Center's Breast Health Center to enhance and expand services for patients across our community.



The funding will increase mammography capacity, improve biopsy services, and add diagnostic ultrasound capabilities. It will also introduce AI-assisted mammography technology to help detect cancer earlier and improve patient outcomes. In addition, a repurposed hospital space will soon become a modern, patient-centered Breast Health Center designed to provide comprehensive, compassionate care.

To improve access for patients, expanded evening hours are already available on Tuesdays and Thursdays, along with one Saturday each month. As we continue to observe Breast Cancer Awareness Month, it is a timely reminder that adults ages 40-74 are recommended to get regular mammograms. To schedule an appointment, please call 805-652-6080 and press 1.

HCFVC is grateful to Gold Coast Health Plan for this extraordinary commitment to expanding access to lifesaving breast health services for patients throughout Ventura County.

This project is funded in full by Gold Coast Health Plan and will benefit primarily Medi-Cal recipients and other underserved populations residing in Ventura County.

HCFVC Strengthens Fall Prevention Efforts with Gait Belt Donation to the Ventura County Fire Department

In recognition of Fall Prevention Month this September, Health Care Foundation for Ventura County was pleased to donate more than 100 gait belts to the Ventura County Fire Department to support their efforts in keeping our community safe.



Firefighters are often the first to respond to fall-related emergencies, where timely assistance can significantly reduce the risk of further injury. A gait belt is a sturdy waist strap that lets caregivers and first responders securely hold and assist a person while walking or during transfers. They play a vital role after a fall by enabling safe support, reducing the risk of additional injuries, and helping ensure stable, secure transfers. By equipping local fire crews with these essential tools, HCFVC is helping make every emergency response safer and more effective for those in need.

To commemorate this meaningful partnership, HCFVC CEO Amy Towner joined Ventura County Fire Department leadership and Ventura County Medical Center trauma department staff for a group photo celebrating the donation and highlighting this ongoing collaboration dedicated to community health and safety.

This gift was made possible through the generosity of the Hanger Foundation, whose mission is to empower individuals with physical challenges. HCFVC is grateful for their support in helping protect families across Ventura County!

Ways to Support HCFVC Before the Year Ends

As 2025 draws to a close, we are reminded of the incredible generosity that makes our mission possible. Entering the final quarter of the year, we'd like to highlight a few meaningful ways to give that strengthen local healthcare and may also provide you with significant year-end tax benefits.



Donate Unused Vacation Time

For Ventura County employees, one giving option is [donating up to 40 hours](#) of unused vacation time. Because vacation hours accrue only up to a maximum limit, please review your balance in the [VCHRP portal](#) and consider donating before you reach the cap. Make your donation by Pay Period 24 (November 22) to take advantage of potential 2025 tax savings!

Give Through Payroll Deduction

Another simple way to give is through payroll deduction. A [donation of just \\$1 or more](#) per pay period can make a lasting impact. If all 11,000 Ventura County employees participated, the collective generosity would significantly strengthen care for patients and families served by Ventura County Health Care Agency.

Leave a Legacy in the VCMC Healing Garden

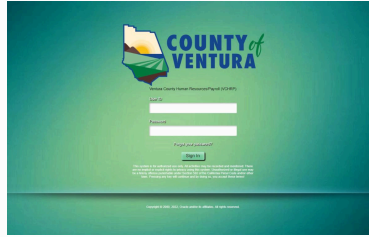
This holiday season offers a special opportunity to leave a legacy in the VCMC Healing Garden. With a [gift of \\$500](#), you can dedicate a personalized engraved brick to honor yourself, a colleague, a friend or a loved one, creating a timeless

tribute for the entire community to cherish. Bricks may also be purchased through donated vacation hours, gifts of stock, or other [ways to give](#).

Let's finish 2025 strong! Thanks to your continued generosity, Ventura County Health Care Agency is delivering higher quality, more compassionate care.



**Donate Vacation
Hours**

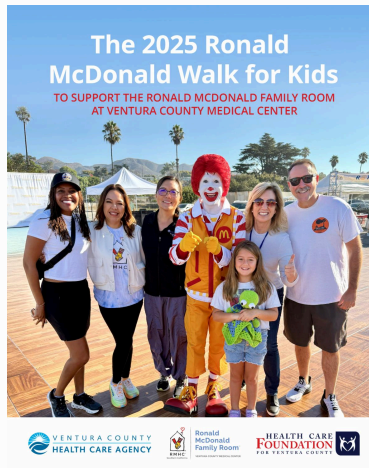


**Enroll in Payroll
Deduction**



**Dedicate an
Engraved Brick**

Invest Local & Get Social! Follow HCFVC on Social Media



**HEALTH CARE
FOUNDATION**
FOR VENTURA COUNTY



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